

Men Gathering

We need same sex friends because there are types of validation and acceptance that we receive only from our gendermates. There is much about our experience as men that can only be shared with, and understood by, other men. There are stories we can tell only to those who have wrestled in the dark with the same demons and been wounded by the same angels. Only men understand the secret fears that go with the territory of masculinity.

— Sam Keen, Fire in the Belly



For millennia, men from all cultures, races, and tribes have gathered together to deepen their understanding of what it means to be a man, to seek and share wisdom in challenging times, to welcome younger men into the circle of men, to heal the wounds of their past, and to enjoy poetry, drumming, storytelling, ritual, and celebration to touch the mysteries of their lives.

These ancient ways of men coming together are needed by men in our culture more today than ever before.

A men's group will be forming in Spring, 2012 in Fort Collins, facilitated by body-centered psychotherapist, Paul Chubbuck. The group will meet 2 evenings/month for 2 hours each. The fee is \$75/month.



In men's groups across the country with similar vision, thousands of men have found profound support from each other which has helped them tremendously to heal, mature and have more to offer to their wives, families, missions, and communities.

Topics for this group will include:

Blessing — What blessing can men give to each other and to younger men? What does it mean to be blessed?

Power — What is the place of feeling in a man and how can we manage such powerful energies as desire, anger, fear, grief, jealousy, and regret in ways that empower rather than disable us?

Purpose — What is our purpose for living, our reason to get up in the morning? If we don't know, how can we find out? What stands in our way and can other men help?

Sexuality and women — What are our blocks to greater intimacy? How can we reconcile our desire for freedom with our need for intimacy? How can we be powerful in relationships without being insensitive or abusive to those we love.

This group is limited to 8 men. If you are interested or know a man you think would fit in this group, get in touch with Paul to discuss this or with other questions at 970-493-2958.

For more information on Paul or his healing practice, visit www.ReleasingThePast.com.

We need to learn to love and be loved by the mature masculine. We need to learn to celebrate authentic masculine power and potency, not only for the sake of our personal well-being as men and for our relationships with others, but also because the crisis in mature masculinity feeds into the global crisis of survival we face as a species.

— Robert Moore and Douglas Gillette, King, Warrior, Magician, Lover